

The cover features a vibrant blue background with intricate, repeating Maori patterns. These patterns include stylized koru (spiral) motifs and leaf-like shapes, rendered in a lighter shade of blue. The overall aesthetic is traditional and culturally rich.

# **TE WAIORANGA**

## **ki Waitaha 2019-2020**

**A Directory of Kaiwhakaora  
Māori Healers, Artists, Wellness Practitioners**

**Ōtautahi/Waitaha**



# TE WĀIORATANGA

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# TE WAIORATANGA

Te Wai-ora-tanga is the life-giving properties of the sun. The word waiora is often interpreted as the 'waters of life' or 'life-giving waters'. We believe the word, waiora, gives expression to the concept of sunlight; the healing rays of the sun; a secondary meaning is well-being' or 'prosperity'.

Te Waioratanga Ōtautahi 2019 is a directory of local Māori who serve and promote Māori healing and wellbeing. It is not an exclusive list; it is just a beginning. The purpose is to promote local, traditional and contemporary ways to wellbeing.

**Nāku te rourou, nāu te rourou,  
ka ora ai te iwi**

**With your basket and my basket,  
the people will thrive**

This directory is sponsored by:

**ALL RIGHT?**





# Ngā Kaiwhakaora

## TAERY TAROT AND ENERGY HEALINGS


Iwi: Ngāti Awa

Multi-cultural Wairua/Spiritual Healer.

Practice includes: Spiritual guidance, intuitive card readings, mediumship, reiki healings, cleansing and healing of people, animals, buildings, land, past lives and trauma.

Shona McGregor: 027 3009 488

Email: shonamcgregorquicksmart@gmail.com

 Taery Tarot and Energy Healings

## MAIOHA

Iwi: Ngāti Raukawa, Ngāi Tahu

Helene has worked in wairua for many years. The practice of maioha brings messages to whānau from ngā tupuna.

Helene Hakaraia: 027 4312 902

Email: h.hakaraia@xtra.co.nz


## MANAAKI MAMA

Iwi: Ngā Puhī, Ngāti Kahu, Waitaha

A Māori healer specialising in authentic forms of healing bodywork (Mirimiri) and Māori plant medicine (Rongoā Māori). Produces her own crafted Manaaki Mama range of native plant oils, balms, tonics, sprays and other magical elements.

Chelita Kahutianui Zainey: 027 5566 883

Email: manaakimama1@gmail.com

 Manaaki Mama

## TE HĀ O IO

Iwi: Ngāti Kahungunu, Tainui, Ngāti Pikiao


Tohunga Matangaro.

Traditional Māori healing Mahi IO and rongoā rākau reconnecting people, environment and communities back to Io and their state of well-being. A range of rongoā rākau Māori medicine is available.

- Community Clinics
- Traditional Māori Healing Wānanga (Workshops)

Riki Clarke: 020 40983 040

Email: tehaoio@outlook.com

 Te Hā o Io Home Clinic

## RONGOĀ FOR YOU


Iwi: Ngāi Tahu, Ngāti Tūwharetoa, Tūhoe

Tōhunga.

Practice includes: Mirimiri, purea and rongoā. Handcrafted range of rongoā products, and rongoā plants.

Aperahama Kipa: 022 0240 560

Email: hamakipa17@gmail.com

 aparahama.kipa

## MAURIORA AWAKENING

Healer and Kairaranga

Benita Wakefield: 027 313 2726

Email: wainawakefield@gmail.com



# TE WĀIORATANGA


## TE RĀKAU ĀPORO

Iwi: Ngāi Tahu

- Wairua Spiritual Worker
- Wairua/Spiritual Healing and Readings
- Meditation classes, Initiation wānanga
- Online sessions and more
- Over 25 years working with spirits

Location: Linwood

Jacki Timms: 021 022 57883


 Te Rākau āporo

## MATANGARO (IO THE UNSEEN FACES)

Iwi: Ngāti Porou

Kaiwhakaora healer, rongoā, purea, mirimiri, clearings, blessings, Io mahi. I use only the best carefully selected native plants.

Marea Unuwai: 027 387 8184

 Koa NaturalNZ

## KIA TĀ TE MANAWA

Iwi: Ngāi Tahu, Te Whānau-a-Apanui,  
Ngāti Porou

Kia tā te manawa is to calm or rest the heart, this is a workout of the mind or a mindfulness practice. Giving ourselves a good workout makes our minds strong and resilient.

Vaea Coe: 027 295 3551

Email: [mindfulmāori@gmail.com](mailto:mindfulmāori@gmail.com)

 Kia Ta Te Manawa

## HARA INTERNATIONAL PSYCHIC ASSOCIATION

Iwi: Ngāti Kuia, Ngāi Tahu, Te Āti Awa

Artist Psychic Medium.

For enquiries and bookings, ring or text HARA.

Jess Palmer: 021 0818 9942

Email: [hara131014@gmail.com](mailto:hara131014@gmail.com)

[www.haranz.com](http://www.haranz.com)

## HEALTH BY MANA

Iwi: Te Āti Haunui-a-Pāpārangi

Chinese herbalist, acupuncture, and other traditional Chinese healing practices.

Corner Stanmore Rd & Worchester St, Linwood

Mana Fleming: 027 497 6598

[www.healthbymana.co.nz](http://www.healthbymana.co.nz)

## NGĀ TAE O IO

Iwi: Ngāti Kahungunu, Tainui, Ngāti Pīkiao

Traditional Māori healer, practice includes rongoā rākau, mirimiri, and purea.

Raine: 020 409 83040

Email: [rainz.whaanga@gmail.com](mailto:rainz.whaanga@gmail.com)

## ĀIO MAURI

Tohunga Matangaro.

Māori traditional healer, Mirimiri, rongoā rākau and more.

Melani Burchett: 022 67167 000

Email: [melani111@gmail.com](mailto:melani111@gmail.com)



# Ngā Kaiwhakaora (continued)



## TE PITO O TE PĀ

Iwi: Ngā Hau e Whā

Kaiwhakaora.

Practice includes: Mirimiri, pūrea, rongoā, and kōmiri. Handcrafted range of pani and other rongoā māori.

Clinic based at Te Pā O Rākahautu  
7 McLean Street, Linwood.

Corri Ackerman: 027 361 6265 for enquiries

Email: Corri.Ackerman@rakaihautu.com

 Te Pito o te Pā

## TE AROHA ENLIGHTENMENTS

Iwi: Ngāi Tahu

Qi Therapist & Teacher, Holistic Counsellor,  
Spiritual Guide, Matakite.

Dee Aroha Edwards: 027 391 4896

Email: deearoha@icloud.com

## CELESTIAL HEALING

Iwi: Ngāi Tahu


Reiki Level 3. Registered@Reiki NZ Org.

Crystal/Drumming/Readings. Open healing circles.  
Ayurveda marma facials available.

Carron Hurst

Email: carroncelestialhealing@gmail.com

Mobile: 021878757

 Celestial Healing Christchurch

## HAUMANU


Iwi: Ngāti Wai, Ngāti Porou

Holistic Hauora Practitioner.

Practice includes: Working with mind body and spirit,  
body mapping for energy work and clearing, massage  
therapy, rongoā, clairvoyant capabilities for alignment.  
Also has a Haumanu range of rongoā products.

Mere Piripi-Soloman: 022 1774 5968

Email: Mpiri@hotmail.com

 Haumanu


## BODYWORKZ MIRIMIRI

Iwi: Te Whānau-a-Apanui

Massage therapy including Mirimiri/Romi Romi/Hono  
Hono helping to connect to the wairua. Using rākau to  
smooth away any emotional blocks and body aches.  
I apply Te Whare Tapu Wha approach to energy healing  
of the wairua. Blessed to be doing this mahi.

Jay Saunders: 027 552 9636

Email: jaynene.saunders@gmail.com

 BodyworkzJay



# TE WAIORATANGA

## AOTEA TRADITIONAL MASSAGE

Iwi: Ngāi Tahu, Ngāti Tūwharetoa, Tūhoe

Specialising in a range of therapeutic massage and traditional Māori romiromi mirimiri massage.

36 Harris Cres, Papanui, Christchurch

Rewa Kipa

Mobile: 022 406 6503

Email: rewaskipper@gmail.com

www.aoteamassage.co.nz

 Facebook: Aotea Traditional Massage

## MATEKITE SPIRITUAL MEDIUM


Iwi: Ngāi Tahu, Ngāpuhi

Energy Healer

Shamanic reiki healer, readings, land and house clearing, and massage therapy.

Charlotte Price: 022 634 7908

Email: price.charlotte12@yahoo.com

 Matekite Spiritual Medium

## RAUKOHE HALLETT

Iwi: Ngāti Tuwharetoa, Ngāti Kahungunu

Kaiwhakaora.

Practice includes: Pūrea, wairua cleansing.

Raukohe Hallett: 021 0885 4244

Email: herarangatehina@gmail.com

## TE KOHA HAUMANU


Iwi: Ngāti Porou, Te Atiawa, Ngāti Maniapoto

Kelly Nganonoa and Renee Barclay.

Motivation and empowerment to awaken the natural born healer within. Workplace holistic wellbeing and healing.

Phone: 027 354 1823

Email: tkohaumanu@gmail.com

 Te Koha o Haumanu

## BEAMING STARWOMEN

Iwi: The Island of Nuie

Allonea has trained as a student under the internationally acclaimed Dr Medicine Crow, and has also trained in other forms of natural therapies over the past 20 years. She is a Sharman (A medium between the visible world and the spirit world), Usui Reiki Master, and a First Dan in Japanese meditation. Allonea's practice includes - clearings, readings, blessings, reiki, meditation, spiritual teaching and guidance.

Allonea Taie

Mobile: 027 777 1860

Email: beamingstarwomen@gmail.com



# Hauora

## HAUORA HIIT - XT FITNESS


Iwi: Ngāpuhi

Personal fitness trainer and group fitness.

Kī-o-rahi, Kēmu Tāwhito (Traditional Māori Games) in Schools.

Tango Wineti: 022 195 6357

Email: [xtfitnesschch@gmail.com](mailto:xtfitnesschch@gmail.com)

 Hauora HIIT

## KAWHENA RANGIHAEATA PUHA


Home Studio/Gym

Trainer Health Coach. Kawhena is a personal trainer and health coach with years of experience. Kawhena specialises in corrective therapy and supplements her mahi with a range of rongoā.

Kawhena Puha: 027 654 8778

Email: [Kawhena.pt@live.com](mailto:Kawhena.pt@live.com)


Butterfield Avenue, Linwood

 Kawhena.pt

## THE KUTT - FUNCTIONAL FITNESS

HOME OF PATU EAST ŌTAUTAHI

Keeping fitness real for whānau in Ōtautahi. Enquires can be made via the facebook page.

 The Kutt


## YOGA WARRIORS


Throughout my extensive yoga career I have sought to help my students learn, through control of movement and breath, the importance of self-awareness and self-management for better living. Based in Addington, Christchurch.

Letesha Hallett: 027 483 835

Email: [admin@yogainschools.co.nz](mailto:admin@yogainschools.co.nz)

[www.yogainschools.nz](http://www.yogainschools.nz)

 yoga warriors nz

 yogawarriors-studioyogainschool

## HALE COMPOUND CONDITIONING

Health and Fitness Provider


We offer group training, weight training, P.T. one on one training, run youth fitness programmes, host sports clubs, run health and wellbeing workshops and anything else that can benefit the wider community.

Koren (Manu) and Corey Hale

Gym Physical Fitness Centre

27 Osborne Street, Waltham, Christchurch 8011

[www.halecompoundconditioning.com](http://www.halecompoundconditioning.com)

 Hale Compound Conditioning



# Taiaha Maurākau

## WHĀNAU WHANAKE

Cate Grace

Aims to ensure that urban Māori have access to wellbeing activities that nourish both their body and soul towards healthy lifestyles.

[www.whanau.whanake.org](http://www.whanau.whanake.org)

Mobile: 0275327248

Email: [cate@whanauwhanake.org](mailto:cate@whanauwhanake.org)

## MIDNIGHT BASKETBALL CHRISTCHURCH NZ

Midnight Basketball, aimed to give Christchurch youth a place to play and gain motivation, drive and some great ball skills.


Aged 13 – 18 year olds who are keen to play basketball, make some new friends, and learn some new skills.

For more information go to the Facebook page.

TERM 1 AND TERM 4 ONLY 2019.

Contact: Scott Baker

Email: [Midnight@canterburybasketball.co.nz](mailto:Midnight@canterburybasketball.co.nz)

 Midnight Basketball

## TŪ TOKA TŪ ARIKI

Wānanga Taiaha

Making a difference to men's lives by introducing them to traditional practices that build pride and self-confidence in a cultural setting. 12 years of age and over.

Te Mairiki Williams: 021 176 223

Email: [tukaiaora@gmail.com](mailto:tukaiaora@gmail.com)


 Tū Toka Tū Ariki

## TE WHARE TŪ TAUA KI WAITAHA

The National School of Ancient Māori Weaponry in Christchurch, teaches men, women and children 12 years and over. Classes held on Saturday mornings at Te Pā o Rakaihautu 7 McLean Street, Linwood.

Aaron Hapuku: 022 646 1496

Email: [hapuku@yahoo.com](mailto:hapuku@yahoo.com)

 Te Whare Tū Taua o Waitaha




# Mahi Toi

## AHUREA - CULTURE FOR YOU

A range of beautiful handcrafted taonga based here in Ōtautahi. Included in the Hema whānau list of products are carvings, a range rongoā Māori pani and balms, pounamu, korowai and other tāonga.

TeAna and Dan Hema: 027 371 8500

Email: Ahurea4u@gmail.com

 Ahurea - Culture for you

## TŪ TOKA TŪ ARIKI

A range of taonga designed by using natural resources karengo (seaweed), and driftwood creating unique earrings, and pendants. Mauri kōhatu – a range of unique designed rock art, each has its own individual story. The initiative delivers Mauri Kōhatu wānanga. Contact Te Mairiki to find out more about the Mauri Kōhatu wānanga for your organisation or kura.

Te Mairiki Williams: 021 176 223

Email: tukaiora@gmail.com

## PHOENIX REBORN CREATIVE

Iwi: Ngāi Tahu, Tainui, Ngā Puhī

Sustainable arts and crafts using new, donated or found pieces and making them into something new and unique - like a phoenix.

Dianette Falwasser: 022 125 3306

Email: Kaitiaki.friends@gmail.com

 Phoenix Reborn Create

## MĀORI ART AND CRAFT

Iwi: Te Arawa, Ngā Puhī, Tainui

Piupiu, Korowai, Taniko, Whakairo and more.

Collection of Tribal T-shirts.

Bernie Rihari: 027 250 9201

Email: brihari23@yahoo.co.nz

 He Pounamu





# Kaitaraiwa

## COMPANION DRIVER SERVICE

Iwi: Ngāi Tahu

View Profile on Mycare.co.nz

Nola Jones: 021 713 149

Email: nolaripeka@hotmail.com

# Waka Ama

## TE WAKA O AORAKI

Sumner, Christchurch 8081

Tracey Kingi: 021 281 9689

Email: twoa.president@gmail.com

## KAI NGARU WAKA AMA

Heathcote Valley, Christchurch 8083

Tahu Stirling: 021 042 0636

Email: tahu.stirling@gmail.com

## TE WAKA POUNAMU

Linwood, Christchurch 8011

Alex Beaton: 027 497 0161

Email: tewakapounamu01@gmail.com

# Rōpū Puoro

## MAIA

Ukulele Group

Open to whānau who want to waiata and play the ukulele. Open to learners.

Helene Hakaraia: 027 4312 902

Email: h.hakaraia@xtra.co.nz

## MAHINA KAUI

Iwi: Ngāi Tahu Ngāti Porou

Taonga Puoro (Traditional Māori Instruments). Musician, song writer, performing artist. Sound Healing.

Mahina Kai: 027 2108 136

## LISA TUI MUSIC

Musician, singer, song writer, teacher, coach

Retreats for song writers; conveyer. HNLP Practitioner for extra change and extra awesome lives.

Lisa Tui: 027 2572 857

Email: lisatui.ltj@gmail.com

www.lisatui.com



# Whare Kai - Hauora Koiri

## SOULFULL SUPERFOODS

### Onsite catering and events

A custom built mobile kai trailer. Our goal is to offer a healthier takeaway option that appeals to many different people, especially tamariki.


Check out the menu for yummy kai, smoothies, smoothie bowls. Look for the soul full specialties.

Katie Robinson: 022 037 4968

Email: [kiaora@soul-full.co.nz](mailto:kiaora@soul-full.co.nz)

70 Langdons Road, Papanui. Trailer is mobile.

[www.soul-full.co.nz](http://www.soul-full.co.nz)

 Soul full Super Foods

## LU-LU'S BAR AND EATERY

### Manaaki ki Tangata

Lu Lu's bar and Eatery is about connecting with others, over amazing Māori infusion food and groovy music to boogie to.

Louise Waho and Keith Heather: 021 950 371

31 Victoria Street

 Lu-Lu's Bar and Eatery

## HOT KIWI FOOD

Order online via Uber Eats and Give Me Bread.

Māori inspired kai (hāngī, steam pudding, kai moana and more).

Geneva Moana: 0800 426 441

240a Stanmore Road


 Hot Kiwi Food

## FUSH RESTURANT

Anton Mathews: 03 261177

104 The Runway Wigram  
The Landing Town Square  
12pm - till late

[www.eatatfush.com](http://www.eatatfush.com)

 fushshorebro

## KAI RUN

### Iwi: Ngā Puhī Ngāti Tūwharetoa

Mobile Food Truck.

Tino Reka Māori Kai – Catering Māori Infused Kai and Celebration Cakes.

Krystal Shortland: 028 405 4732

 Kai Run

## KITCHEN CAFÉ

### Iwi: Ngāti Kahungunu

109a Seaveiw Road, New Brighton

Louise Valance: 03 388 3009 / 027 455 3808

Email: [loisvallance55@gmail.com](mailto:loisvallance55@gmail.com)


 Kitchen Cafe

## HEARTY HĀNGI'S

Charmaine Smith: Landline 03 344 1255

Mobile: 021 0220 6409

Email: [hearty.hangi@hotmail.com](mailto:hearty.hangi@hotmail.com)

 Hearty Hangi's



# Toi Māori

## KAITIAKI STUDIOS LTD

Iwi: Ngāi Tahu, Tainui and Ngāti Porou

Kaitiaki Studios is an ever-evolving space, a hub of development, networks and inspiration. We artistically and creatively support the growth and future of a multicultural NZ through whakapapa, whenua, inspiration and opportunity.

As an artist, Morgan is hugely ambitious and continues to find diverse mediums of creative expression, from Graphic Design to Tā Moko and Contemporary Visual Arts.

Morgan is continually looking to evolve, embracing new creative challenges, and any opportunity to upskill, collaborate, or mentor.


Morgan-Mathews Hale: 03 385 9245

Email: [morgan@kaitiakistudios.co.nz](mailto:morgan@kaitiakistudios.co.nz)

[www.kaitiakistudios.co.nz](http://www.kaitiakistudios.co.nz)

[m.mathews@windowslive.com](mailto:m.mathews@windowslive.com)

 [kaitiakistudios](#)

 [morganmathewshale](#)

## KAIRARANGA

Iwi: Ngāi Tahu, Ngāti Hako, Ngāti Maniapoto

Lisa Harding: 027 371 9045

Email: [lisaharding.weaver@gmail.com](mailto:lisaharding.weaver@gmail.com)

 [lisaharding-raranga](#)

# Tā Moko

## RIKI MANUEL AT MEDWAY MOKO

Māori Art Consultant, specialising in Tā moko (Tattooing) & Whakairo.

Phone: 03 385 9245

Email: [toimanamāori@xtra.co.nz](mailto:toimanamāori@xtra.co.nz)

 [Riki Manuel](#)

## CHRISTCHURCH MOKO

Iwi: Moriori, Ngāti Mutunga

Indigenous Ink and Pacific Tatau.

Christine Harvey: 021 042 0636

Contact: [m.me/chchmoko](https://m.me/chchmoko)

 [Christchurch Moko](#)

## ECLECTIC MOKO

Ta Moko Practitioner and Carver

Rosie Edwards: 022 170 8256

 [Eclectic-Moko](#)



# Ngā Kōhanga Reo

## TE KŌHANGA REO O TE KOTAHITANGA KI WAITAHA

24 Ventnor Crescent, Aranui, Christchurch, 8061  
03 388 8118

## TE HŌHEPA TE KŌHANGA REO

34 Phillips Street, Phillipstown, Christchurch, 8011  
03 365 3932

## TE KŌHANGA REO O TE WHĀNAU TAHI

48 Rowley Avenue, Hillmorton, Christchurch, 8025  
03 33

## TE KŌHANGA REO O TE HOROMAKO O TE HURUHURU

4 Gregory Avenue, Hei Hei, Christchurch, 8042

## TE KŌHANGA REO O ŌTEREPŌ

7 McLean Street, Linwood  
03 365 3846

## TE KŌHANGA REO O RANGIORA

51 Ivory Street, Rangiora  
03 313 4370


# Kapa Haka

## TE ROOPU HAKA O TE KOTAHITANGA KI WAITAHA

Phone: 03 381 0093  
Mobile: 021 123 2872  
Email: rochellepaki@hotmail.com


## TE AHI KAAROA

Phone: 03 328 7662  
Email: tauirat@xtra.co.nz

 Te Ahi Kaaroa Kapa Haka

## TE PAO A TAHU


Rhea Waretini  
Mobile: 021 445 644

 Te Pao a Tahu

## NGĀ MANU A TĀNE CULTURAL GROUP

Senior Tutor Contact: Merita Waitoa – Paki  
Email: mwaitoapaki@gmail.com

Mobile: 027 457 6842

 Ngā Manu a Tāne



# Kōhanga Māori

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## **NŌKU TE AO**

### **‘The World Is Mine’**

Nōku Te Ao is an immersion early childhood centre. The centre is whānau driven. Learner outcomes guide what adults do in this attractively landscaped environment.

Email: [dy@nokuteao.māori.nz](mailto:dy@nokuteao.māori.nz)

03-385 6570

[www.nokuteao.māori.nz](http://www.nokuteao.māori.nz)

# Kaiwhakaahua

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## **ATA ĀHUA PORTRAITS**

Āhua normalising cultural identity through stunning portraits.

Kirianna Winiata

For enquiries, please email:

[Ata.aahualtd@gmail.com](mailto:Ata.aahualtd@gmail.com)

 [Ata Āhua](#)

# Weruweru

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## **THREADS BY FUSH**

Weruweru - Clothing

Te Reo Online Classes

[www.threadsbyfush.com](http://www.threadsbyfush.com)



# Kura Kaupapa Māori

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## TE KURA WHAKAPŪMAU I TE REO TŪTURU KI WAITAHA

45 Hassals Lane, Waltham Christchurch 8023

Office: 03 377 1436

Email: [kura@whakapumau.ac.nz](mailto:kura@whakapumau.ac.nz)

## TE KURA KAUPAPA MĀORI O TE WHĀNAU TAHI

83 Lyttelton Street, Somerfield, Christchurch 8024

Office: 03 337 4360

Email: [mahanui@whanau-tahi.school.nz](mailto:mahanui@whanau-tahi.school.nz)

[www.whanau-tahi.school.nz](http://www.whanau-tahi.school.nz)

## TE PĀ O RĀKAIHAUTŪ

7 McLean's Street Linwood, Christchurch

Office: 03 381 0899

[www.rakaihautu.com](http://www.rakaihautu.com)

# Iwi Taurahere

---

## TAINUI WHĀNAU KI ŌTAUTAHI

Waikato-Tainui whānau living in Ōtautahi. Keep connected, keep updated with events and share any news.

Contact: Urupikia Minhinnick

Mobile: 0210633437

 Tainui Whānau Ki Ōtautahi

## NGĀTI POROU KI WAITAHA

Contacts: Larissa Cox-Winiata (Chairperson)

Tania Gilchrist (Secretary)

For enquiries go to the Facebook page.

 Ngāti Porou Ki Waitaha




# Marae

## REHUA MARAE

79 Springfield Rd,  
Richmond, Christchurch 8014

Phone: 03 355 5615

[www.rehuamarae.co.nz](http://www.rehuamarae.co.nz)

 Rehua Marae

## NGĀ HAU E WHĀ NATIONAL MARAE

250 Pages Road,  
Wainoni, Christchurch 8062

Office: 03 388 7685

Email: [nhewmarae@xtra.co.nz](mailto:nhewmarae@xtra.co.nz)

## TUAHIWI MARAE

219 Tuahiwi Road, RD 1,  
Kaiapoi

Phone: 03 313 5543

Email: [Tuahiw.Marae@ngaitahu.iwi.nz](mailto:Tuahiw.Marae@ngaitahu.iwi.nz)

## RĀPAKI MARAE

37 Rapaki Dr  
Rapaki 8971

Phone: 03 328 9415

Email: [rapaki@ngaitahu.iwi.nz](mailto:rapaki@ngaitahu.iwi.nz)

## NGĀTI MOKI MARAE

Pohatu Road,  
Taumutu  
RD3, Leeston, 7683

Phone: 03 324 2454

Email: [taumutu@ngaitahu.iwi.nz](mailto:taumutu@ngaitahu.iwi.nz)

## KOUKOURĀRATA MARAE

9 Puari Rd,  
Port Levy 8972

Phone: 03 339 8308

Email: [koukourarata@ngaitahu.iwi.nz](mailto:koukourarata@ngaitahu.iwi.nz)

[www.koukourarata.com](http://www.koukourarata.com)

## WAIREWA MARAE

Phone: 03 377 1513

Email: [Wairewa@ngaitahu.iwi.nz](mailto:Wairewa@ngaitahu.iwi.nz)

[www.mkt.co.nz](http://www.mkt.co.nz)

## ŌNUKU MARAE

389 Ōnuku Road,  
RD1 Ōnuku

Office: 03 381 2082 / Marae: 03 304 7607

Email: [onuku@ngaitahu.iwi.nz](mailto:onuku@ngaitahu.iwi.nz)

[www.onuku.nz](http://www.onuku.nz)



# Whare Karakia

## MĀORI ANGLICAN DIOCESE O TE WAIPOUNAMU

Te Hui Amorangi o Te Waipounamu and Te Whare  
Wānanga o Te Waipounamu.

Bishop: Bishop Richard Wallace

Mobile: 027 306 9020

Nicola Huddy (after hours): 022 027 9340

Email: [reception@waipounamu.org.nz](mailto:reception@waipounamu.org.nz)

290 Ferry Road, Christchurch

## TE RANGIMĀRIE – CATHOLIC DIOCESE OF CHRISTCHURCH

Phone: 03 379 6704

360 Gloucester St, Linwood  
Christchurch 8011

# Rātana

## TE HĀHI RĀTANA

Apotoro Wairua

Daniel Mataki

Mobile: 027 517 8602

Willy Eruera

Mobile: 027 384 9156

Apotoro Awhina

Taua Aroha Rereti Crofts

Mobile: 021 880 678

Apotoro Rehita

Jim Seymour

Mobile: 021 116 1284

Brian Lewis

Mobile: 021 880 678



# Kaikuti Makawe

## TOMMY'S

Iwi: Te Atiawa Ngāti Porou

Hair Stylist Extraordinaire  
695 Gloucester Street.

Thomas Attenborough: 03 390 1070

Mobile: 027 937 0670

Email: theborneboutique@gmail.com

# Haumanu ā-kakara

## LOVE HOME AROMA

Iwi: Tainui

A range of handmade natural products, chemical and toxic free. An abundant selection of over 30 delicious soy melt scents and much more.

Stacey Thomas: 022 199 5141

Email: staceymelerloves77@gmail.com

 Love Home Aroma

# Tākaro

## ŌTAUTAHI SPORTS ASSOCIATION

A whānau-friendly clubroom with rugby, netball, softball, touch and golden oldies open all seasons of the year.

485 Tuam Street, Phillipstown,  
Christchurch, 8011.

Mobile: 02102430868

Email: osa.in@outlook.com

[www.sporty.co.nz](http://www.sporty.co.nz)

 Ōtautahi Sports Association



The cover features a vibrant blue background with intricate, light-colored Maori whakairo patterns, including spirals and stylized motifs. A large, semi-transparent circular graphic is positioned in the center, framing the text. The overall aesthetic is clean and culturally rich.

# **TE WAIORATANGA**

**ki Waitaha 2019**

ŌTAUTAHI/WAITAHA