

The background of the entire cover is a deep blue color. Overlaid on this is a complex, repeating pattern of white and light blue Maori motifs. These motifs include various types of spirals (hau), stylized leaves (kōwhiri), and other traditional designs. The pattern is dense and covers the entire surface. In the center, there is a large, faint circular motif that serves as a backdrop for the main title.

TE WAIORATANGA

ki Waitaha 2019-2020

**A Directory of Kaiwhakaora
Māori Healers, Artists, Wellness Practitioners
Ōtautahi/Waitaha**

TE WĀIORATANGA

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TE WAIORATANGA

Te Wai-ora-tanga is the life-giving properties of the sun. The word waiora is often interpreted as the 'waters of life' or 'life-giving waters'. We believe the word, waiora, gives expression to the concept of sunlight; the healing rays of the sun; a secondary meaning is well-being' or 'prosperity'.

Te Waioratanga Ōtautahi 2019 is a directory of local Māori who serve and promote Māori healing and wellbeing. It is not an exclusive list; it is just a beginning. The purpose is to promote local, traditional and contemporary ways to wellbeing.

**Nāku te rourou, nāu te rourou,
ka ora ai te iwi**

**With your basket and my basket,
the people will thrive**

This directory is sponsored by:

ALL RIGHT?



Ngā Kaiwhakaora

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Shona McGregor: 027 3009 488

Email: shonamcgregorquicksmart@gmail.com

 Taery Tarot and Energy Healings

MAIOHA

Iwi: Ngāti Raukawa, Ngāi Tahu

Helene has worked in wairua for many years. The practice of maioha brings messages to whānau from ngā tupuna.

Helene Hakaraia: 027 4312 902

Email: h.hakaraia@xtra.co.nz

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Chelita Kahutianui Zainey: 027 5566 883

Email: manaakimama1@gmail.com

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Traditional Māori healing Mahi IO and rongoā rākau reconnecting people, environment and communities back to Io and their state of well-being. A range of rongoā rākau Māori medicine is available.

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- Traditional Māori Healing Wānanga (Workshops)

Riki Clarke: 020 40983 040

Email: tehaoio@outlook.com

 Te Hā o Io Home Clinic

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Iwi: Ngāi Tahu, Ngāti Tūwharetoa, Tūhoe

Tōhunga.

Practice includes: Mirimiri, purea and rongoā. Handcrafted range of rongoā products, and rongoā plants.

Aperahama Kipa: 022 0240 560

Email: hamakipa17@gmail.com

 aparahama.kipa

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Healer and Kairaranga

Benita Wakefield: 027 313 2726

Email: wainawakefield@gmail.com

TE WĀIORATANGA

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- Wairua/Spiritual Healing and Readings
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Hapū: Ngā Ariki Kaiputahi

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Email: mindfulmāori@gmail.com

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www.healthbymana.co.nz

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Iwi: Ngāti Kahungunu, Tainui, Ngāti Pikiao

Traditional Māori healer, practice includes rongoā rākau, mirimiri, and purea.

Raine: 020 409 83040

Email: rainz.whaanga@gmail.com

ĀIO MAURI

Tohunga Matangaro.

Māori traditional healer, Mirimiri, rongoā rākau and more.

Melani Burchett: 022 67167 000

Email: melani111@gmail.com

Ngā Kaiwhakaora (continued)



TE PITO O TE PĀ

Iwi: Ngā Hau e Whā

Kaiwhakaora.

Practice includes: Mirimiri, pūrea, rongoā, and kōmiri. Handcrafted range of pani and other rongoā māori.

Clinic based at Te Pā O Rākaihautu
7 McLean Street, Linwood.

Corri Ackerman: 027 361 6265 for enquiries

Email: Corri.Ackerman@rakaihautu.com

 Te Pito o te Pā

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Iwi: Ngāi Tahu

Qi Therapist & Teacher, Holistic Counsellor,
Spiritual Guide, Matakite.

Dee Aroha Edwards: 027 391 4896

Email: deearoha@icloud.com

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Carron Hurst

Email: carroncelestialhealing@gmail.com

Mobile: 021878757

 Celestial Healing Christchurch

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Iwi: Ngāti Wai, Ngāti Porou

Holistic Hauora Practitioner.

Practice includes: Working with mind body and spirit,
body mapping for energy work and clearing, massage
therapy, rongoā, clairvoyant capabilities for alignment.
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Mere Piripi-Soloman: 022 1774 5968

Email: Mpiri@hotmail.com

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Massage therapy including Mirimiri/Romi Romi/Hono
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I apply Te Whare Tapu Wha approach to energy healing
of the wairua. Blessed to be doing this mahi.

Jay Saunders: 027 552 9636

Email: jaynene.saunders@gmail.com

 BodyworkzJay

TE WĀIORATANGA

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 **Facebook:** Aotea Traditional Massage

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Charlotte Price: 022 634 7908

Email: price.charlotte12@yahoo.com

 **Matekite Spiritual Medium**

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Iwi: Ngāti Tuwharetoa, Ngāti Kahungunu

Kaiwhakaora.

Practice includes: Pūrea, wairua cleansing.

Raukohe Hallett: 021 0885 4244

Email: herarangatehina@gmail.com

TE KOHA HAUMANU

Iwi: Ngāti Porou, Te Atiawa, Ngāti Maniapoto

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Email: tkohaumanu@gmail.com

 **Te Koha ō Haumanu**

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Allonea has trained as a student under the internationally acclaimed Dr Medicine Crow, and has also trained in other forms of natural therapies over the past 20 years. She is a Sharman (A medium between the visible world and the spirit world), Usui Reiki Master, and a First Dan in Japanese meditation. Allonea's practice includes - clearings, readings, blessings, reiki, meditation, spiritual teaching and guidance.

Allonea Taie

Mobile: 027 777 1860

Email: beamingstarwomen@gmail.com

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Email: Kawhena.pt@live.com

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www.yogainschools.nz

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www.halecompoundconditioning.com

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Cate Grace

Aims to ensure that urban Māori have access to wellbeing activities that nourish both their body and soul towards healthy lifestyles.

www.whanau.whanake.org

Mobile: 0275327248

Email: cate@whanauwhanake.org

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Midnight Basketball, aimed to give Christchurch youth a place to play and gain motivation, drive and some great ball skills.

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Email: Midnight@canterburybasketball.co.nz

 Midnight Basketball

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Te Mairiki Williams: 021 176 223

Email: tukaiaora@gmail.com

 Tū Toka Tū Ariki

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Aaron Hapuku: 022 646 1496

Email: hapuku@yahoo.com

 Te Whare Tū Taua o Waitaha

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TeAna and Dan Hema: 027 371 8500

Email: Ahurea4u@gmail.com

 Ahurea - Culture for you

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Te Mairiki Williams: 021 176 223

Email: tukaiora@gmail.com

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Iwi: Ngāi Tahu, Tainui, Ngā Puhi

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Dianette Falwasser: 022 125 3306

Email: Kaitiaki.friends@gmail.com

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Email: brihari23@yahoo.co.nz

 He Pounamu



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View Profile on Mycare.co.nz

Nola Jones: 021 713 149

Email: nolaripeka@hotmail.com

Waka Ama

TE WAKA O AORAKI

Sumner, Christchurch 8081

Tracey Kingi: 021 281 9689

Email: twoa.president@gmail.com

KAI NGARU WAKA AMA

Heathcote Valley, Christchurch 8083

Tahu Stirling: 021 042 0636

Email: tahu.stirling@gmail.com

TE WAKA POUNAMU

Linwood, Christchurch 8011

Alex Beaton: 027 497 0161

Email: tewakapounamu01@gmail.com

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Email: h.hakaraia@xtra.co.nz

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Email: loisvallance55@gmail.com

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Charmaine Smith: Landline 03 344 1255

Mobile: 021 0220 6409

Email: hearty.hangi@hotmail.com

 Hearty Hangi's

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Kaitiaki Studios is an ever-evolving space, a hub of development, networks and inspiration. We artistically and creatively support the growth and future of a multicultural NZ through whakapapa, whenua, inspiration and opportunity.

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Morgan is continually looking to evolve, embracing new creative challenges, and any opportunity to upskill, collaborate, or mentor.

Morgan-Mathews Hale: 03 385 9245

Email: morgan@kaitiakistudios.co.nz

www.kaitiakistudios.co.nz

m.mathews@windowslive.com

 [kaitiakistudios](#)

 [morganmathewshale](#)

KAIRARANGA

Iwi: Ngāi Tahu, Ngāti Hako, Ngāti Maniapoto

Lisa Harding: 027 371 9045

Email: lisaharding.weaver@gmail.com

 [lisaharding-raranga](#)

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Email: toimanamāori@xtra.co.nz

 [Riki Manuel](#)

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Indigenous Ink and Pacific Tatau.

Christine Harvey: 021 042 0636

Contact: m.me/chchmoko

 [Christchurch Moko](#)

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Ta Moko Practitioner and Carver

Rosie Edwards: 022 170 8256

 [Eclectic-Moko](#)

Ngā Kōhanga Reo

TE KŌHANGA REO O TE KOTAHITANGA KI WAITAHA

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03 388 8118

TE HŌHEPA TE KŌHANGA REO

34 Phillips Street, Phillipstown, Christchurch, 8011
03 365 3932

TE KŌHANGA REO O TE WHĀNAU TAHI

48 Rowley Avenue, Hillmorton, Christchurch, 8025
03 33

TE KŌHANGA REO O TE HOROMAKO O TE HURUHURU

4 Gregory Avenue, Hei Hei, Christchurch, 8042

TE KŌHANGA REO O ŌTEREPŌ

7 McLean Street, Linwood
03 365 3846

TE KŌHANGA REO O RANGIORA

51 Ivory Street, Rangiora
03 313 4370

Kapa Haka

TE ROOPU HAKA O TE KOTAHITANGA KI WAITAHA

Phone: 03 381 0093
Mobile: 021 123 2872
Email: rochellepaki@hotmail.com

TE AHI KAAROA

Phone: 03 328 7662
Email: taurat@xtra.co.nz
 Te Ahi Kaaroa Kapa Haka

TE PAO A TAHU

Rhea Waretini
Mobile: 021 445 644
 Te Pao a Tahu

NGĀ MANU A TĀNE CULTURAL GROUP

Senior Tutor Contact: Merita Waitoa – Paki
Email: mwaitoapaki@gmail.com
Mobile: 027 457 6842
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Kōhanga Māori

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Office: 03 377 1436

Email: kura@whakapumau.ac.nz

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83 Lyttelton Street, Somerfield, Christchurch 8024

Office: 03 337 4360

Email: mahanui@whanau-tahi.school.nz

www.whanau-tahi.school.nz

TE PĀ O RĀKAIHAUTŪ

7 McLean's Street Linwood, Christchurch

Office: 03 381 0899

www.rakaihautu.com

Iwi Taurahere

TAINUI WHĀNAU KI ŌTAUTAHĪ

Waikato-Tainui whānau living in Ōtautahi. Keep connected, keep updated with events and share any news.

Contact: Urupikia Minhinnick

Mobile: 0210633437

 Tainui Whānau Ki Ōtautahi

NGĀTI POROU KI WAITAHA

Contacts: Larissa Cox-Winiata (Chairperson)

Tania Gilchrist (Secretary)

For enquiries go to the Facebook page.

 Ngāti Porou Ki Waitaha

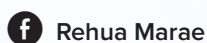
Marae

REHUA MARAE

79 Springfield Rd,
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Phone: 03 355 5615

www.rehuamarae.co.nz



NGĀ HAU E WHĀ NATIONAL MARAE

250 Pages Road,
Wainoni, Christchurch 8062

Office: 03 388 7685

Email: nhewmarae@xtra.co.nz

TUAHIWI MARAE

219 Tuahiwi Road, RD 1,
Kaiapoi

Phone: 03 313 5543

Email: Tuaihiwi.Marae@ngaitahu.iwi.nz

RĀPAKI MARAE

37 Rapaki Dr
Rapaki 8971

Phone: 03 328 9415

Email: rapaki@ngaitahu.iwi.nz

NGĀTI MOKI MARAE

Pohatu Road,
Taumutu
RD3, Leeston, 7683

Phone: 03 324 2454

Email: taumutu@ngaitahu.iwi.nz

KOUKOURĀRATA MARAE

9 Puari Rd,
Port Levy 8972

Phone: 03 339 8308

Email: koukourarata@ngaitahu.iwi.nz

www.koukourarata.com

WAIREWA MARAE

Phone: 03 377 1513

Email: Wairewa@ngaitahu.iwi.nz

www.mkt.co.nz

ŌNUKU MARAE

389 Ōnuku Road,
RD1 Ōnuku

Office: 03 381 2082 / Marae: 03 304 7607

Email: onuku@ngaitahu.iwi.nz

www.onuku.nz

Whare Karakia

MĀORI ANGLICAN DIOCESE O TE WAIPOUNAMU

Te Hui Amorangi o Te Waipounamu and Te Whare
Wānanga o Te Waipounamu.

Bishop: Bishop Richard Wallace

Mobile: 027 306 9020

Nicola Huddy (after hours): 022 027 9340

Email: reception@waipounamu.org.nz

290 Ferry Road, Christchurch

TE RANGIMĀRIE – CATHOLIC DIOCESE OF CHRISTCHURCH

Phone: 03 379 6704

360 Gloucester St, Linwood
Christchurch 8011

Rātana

TE HĀHI RĀTANA

Apotoro Wairua

Daniel Matakī

Mobile: 027 517 8602

Willy Eruera

Mobile: 027 384 9156

Apotoro Awhina

Taua Aroha Rereti Crofts

Mobile: 021 880 678

Apotoro Rehita

Jim Seymour

Mobile: 021 116 1284

Brian Lewis

Mobile: 021 880 678

Kaikuti Makawe

TOMMY'S

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Hair Stylist Extraordinaire
695 Gloucester Street.

Thomas Attenborough: 03 390 1070

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Email: theborneboutique@gmail.com

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Mobile: 02102430868

Email: osa.in@outlook.com

www.sporty.co.nz

 Ōtautahi Sports Association

The background of the cover is a deep blue with a complex, intricate pattern of white and light blue lines. The pattern consists of numerous swirling, spiral, and leaf-like motifs, characteristic of traditional Māori art. The overall effect is a textured, layered look. The text is centered in the lower half of the image.

TE WAIORATANGA

ki Waitaha 2019

ŌTAUTAHĪ/WAITAHA