

He muka
harakeke,
he whitau
tāngata

The fibre of flax, the
fibre of people

Chisnallwood

55 Minutes

Wainoni

45 minutes

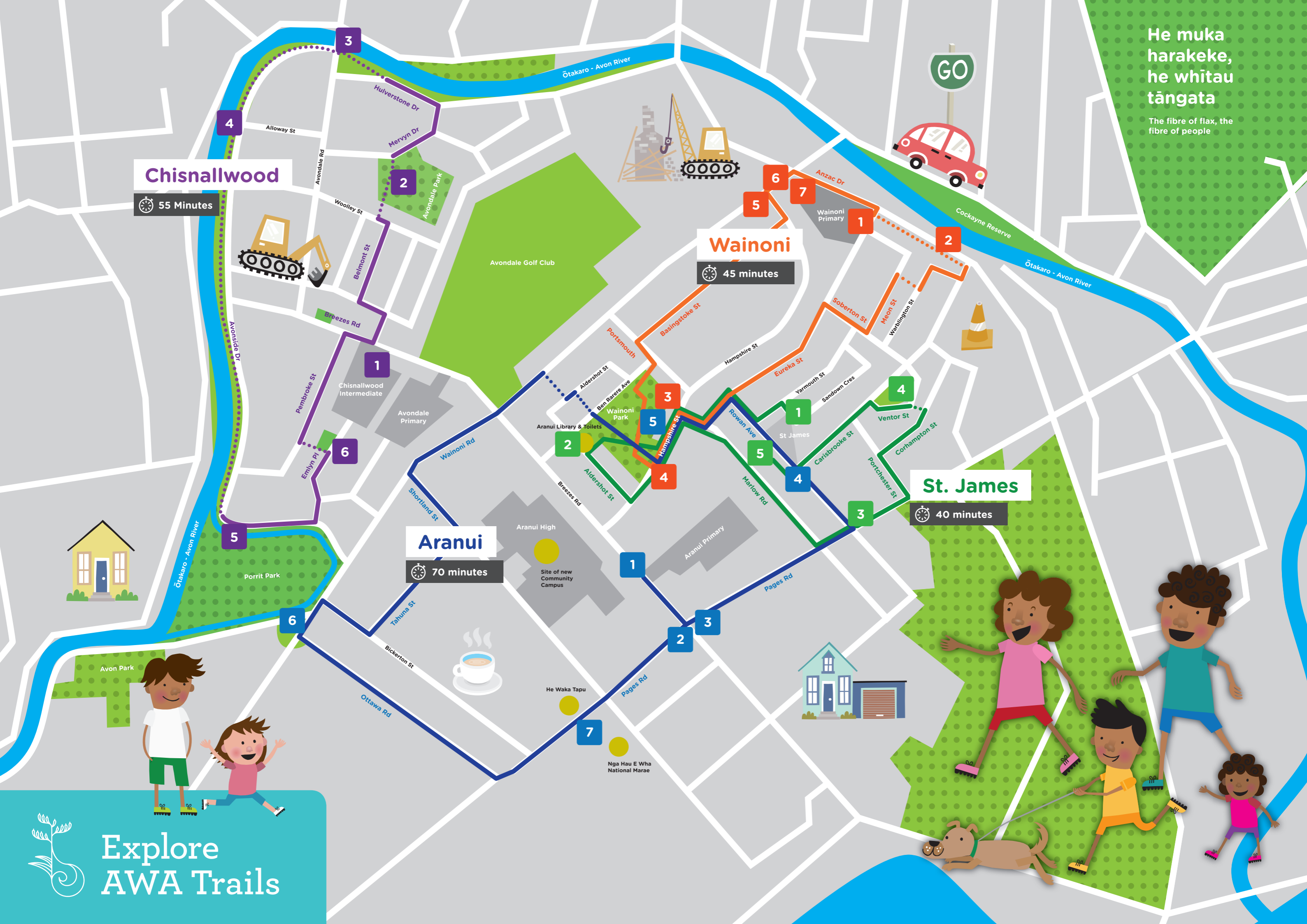
Aranui

70 minutes

St. James

40 minutes

Explore
AWA Trails



Top spots to explore

Trail routes and activities designed by participating schools in Aranui, Wainoni and Avondale



Aranui Trail

Time: 70 minute round trip

1. Aranui Primary School

357 Breezes Road

TAKE NOTICE

An early school called 'Breezes Road School' was relocated here in 1915 and called 'Aranui School'. How might this school be different today than it was 100 years ago?

2. Blakeways Shops

Corner of Pages and Breezes Road
(where petrol station is)

KEEP LEARNING

In 1910, the Blakeways lived in one of the many shops built on these corners. When the tram ran along Pages Road, this intersection was one of the most dangerous in Christchurch. If you had jumped off the tram in 1910 to shop, what 4 items might you have bought that you can't buy today?

3. Sunnydale Store

Corner of Pages and Breezes Road
(where pharmacy is now)

GIVE

In 1918, Sunnydale Store (where the pharmacy is now) was the ONLY place in Aranui to have a telephone. Today, use your telephone to connect with a friend to give a greeting or word of encouragement.

4. Aranui Speedway

Corner Rowan Ave and Carisbrooke Street

CONNECT

Alec Pratt constructed a speedway stadium in 1949 on Rowan Ave and it became a favourite place of entertainment for tens of thousands of people. Today, where do you connect to have fun with friends and whānau?

5. Wainoni Park

Hampshire Street Aranui

BE ACTIVE

In the 1900s, sport (cricket, rugby and hockey) was a very big part of peoples' lives in Aranui and helped people keep fit. What can you do to keep fit? Start with 10 star jumps.

6. Bickerton Reserve

BE ACTIVE

Professor Bickerton from Canterbury Uni opened a huge garden near here. It even included a zoo. You could see tigers, lions, monkeys, bears, penguins and kangaroos. Do 5 kangaroo jumps and 3 leapfrogs. Walk on and find the art on the power box.

7. Nga Hau e Wha Marae

Pages Road

WHAKAWHANAUNGATANGA

Why is it important to connect people from around the motu (country) in one place?

Chisnallwood Trail

Time: 55 minute round trip

1. Chisnallwood

Breezes Road

TAKE NOTICE

'Chisnallwood' was named after 2 early pioneers who farmed here. Can you work out the surnames of the 2 brothers-in-law? Take turns to find smaller words in 'Chisnallwood Intermediate' with 3 or more letters in each word. E.g. all, nail.

2. Avondale Park

Woolley Street

BE ACTIVE

Time yourself as you: Slide across the flying fox to the platform. Climb up the chain ladder, creep through the yellow tunnel then swing across the yellow wavy monkey bars. Slide down the blue fireman's pole, climb up the wooden wall using the red chain for help, then climb down the blue multi-circle ladder.

3. Avondale Bridge

KEEP LEARNING

Walk along the riverbank and when you get to the bridge guess how many pin steps it will take you to get from one end of this bridge to the other. Each person counts out their steps. Why was there a difference between each person? Would this be a good way to measure distances?

4. Whitebait sign and Seat

Avonside Drive
(just before Alloway Street)

TAKE NOTICE

Walk along the riverbank again then when you get to the broken seat sit back, relax and enjoy the view. What can you spot? The war memorial in the distance? What school can you see? What birdlife around the water? What are people doing? What can you hear? Smell? This is a whitebait spawning area; what other creatures live in the Avon River?

5. Porrit Park (old foot bridge)

KEEP LEARNING

Can you Grass Whistle? Experiment with sounds using different kinds of grasses and reeds. Try making as many different sounds as there are blades of grass near you.

6. Emlyn Place Park

TAKE NOTICE

Lie down and Cloud watch. Can you see pictures in the clouds? Discuss the shapes of the clouds and how fast they are moving.

St. James Trail

Time: 40 minute round trip

1. St. James Church

8 Sandown Cres, Aranui

CONNECT

This Parish Church was established in 1962 as a place where the community could worship God. Take two minutes to be still and look around at the beauty of earth and sky. Be thankful for the world in which we live, and take time to pray if you are a person of faith.

2. Aranui Library

109 Aldershot Street

KEEP LEARNING

In what ways could you use this library to keep learning about interesting local people? You could start by finding out about remarkable Mrs Knight in Tim Baker's book, 'Aranui and Wainoni History'.

3. Mrs Knight's Property

Corner of Rowan Ave and Pages Road

CONNECT

Mrs. Knight and her large family lived in a house on this site in the 1860s. She objected to the tram travelling along Pages Road as she thought this was part of her land. She protested by hanging her washing across the tramline or sitting in her rocking chair in the middle of the tramline on many occasions. How can we look after places special to us?

4. Carisbrooke Reserve

Carisbrooke Street

BE ACTIVE

This park provides swings, slides, see-saws, a solo-spinner, a basketball half court, and a skateboard area for the community to enjoy.

How many steps does it take you to walk around the perimeter of the park?

5. St. James School

25 Rowan Ave

TAKE NOTICE

St James is a multi-cultural Catholic School for children from Years 1- 6. The school was opened in 1965 on this site that was the original Aranui Speedway. Look at the school sign inside the gates. What is the St James school motto?

Wainoni Trail

Time: 45 minute round trip

1. Wainoni School

115 Eureka Street, Wainoni

TAKE NOTICE

'Wai' means water. Can you see the Avon riverbank from Wainoni School? What colours are painted on the waharoa (gateway)? Walk on and find the art on the power box.

2. Leonard Cockayne's property

Anzac Drive

BE ACTIVE

Leonard Cockayne, a famous NZ scientist lived on a large block of land here growing many native plants. Can you spot any native plants on the other side of the river (e.g. harakeke)?

Walk on and find the large totara tree on Eureka Street.

3. Aranui Community Trust

37 Hampshire Street

TAKE NOTICE

Find photos of two people you know in the windows of Aranui Community Trust and find the Trust's motto. How many small toys are on the window ledge of #49 Hampshire Street? (You may like to donate a small toy to the collection).

4. Wainoni Park (Junior Play Area)

Hampshire Street

BE ACTIVE

Find these seat tiles- a girl skipping, a #18 jersey, hockey sticks, a horse, a blue hotrod car.

5. Ripene Mā Reserve

Cnr Wainoni Road and Hampshire Street

CONNECT

The Council bought this land to make this reserve. Talk with others about how you can give your time or words to care for neighbours.

6. Powerbox

Along Wainoni Road

KEEP LEARNING

What is the beautiful painting on the powerbox about? What symbols of Christchurch can you find?

7. Anzac Corner

Cnr Wainoni Road and Hampshire Street

CONNECT

Reflect on people from this area who gave their lives in war.

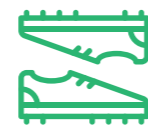
The 5 Ways to Wellbeing

Research shows that these five actions can make a real difference to how we feel.



Keep Learning

Be curious, enjoy a favourite activity, or try something new.



Be Active

Moving your body can move your mood... and every little bit counts!



Take Notice

Slow down, use your senses and enjoy the world around you.



Give

Doing little things for others can boost the way both we and they feel. It's a win-win!



Connect

Time with friends and whānau can be a great pick-me-up.

So do what you can! It's often the simple things that bring us joy.