

Manākitanga

SHARE A LITTLE AROHA

Learn how to make a kaputī (cup of tea) for manuhiri (visitors or whānau).

WHAT YOU NEED

- Mugs and a teaspoon
- Tea bags or instant coffee
- An electric kettle
- Milk and sugar

ABOUT MANĀKITANGA

When we manāki each other we show that we care, support and respect each other.

We can do this by helping at home, e.g. by setting the table and helping with the cooking.

Or we can manaaki our visitors by making them a kaputī.

TO MAKE YOUR KAPUTĪ

1. Ask whether they would like tea or coffee, and boil the kettle.
2. Put one tea bag (or 1 level teaspoon coffee) into the cup.
3. Ask for help pouring the boiling water, or if you are allowed, carefully fill the cups to just over half way.
4. Ask who wants milk and sugar, and add if needed.
5. Stir and serve with a smile!

Now you can make a kaputī for your manuhiri and whānau.

***Tangāta i akona ki te kainga, tunga ki te marae, tau ana
A person trained at home will stand on the marae with dignity***